



# Welcome!

At **Bethany Home**, we strive to create the most enjoyable retirement living experience possible. We deliver quality and value in every service we provide and work to maintain and improve the living environment in a compassionate Christian atmosphere. **Bethany Home** Association offers the confidence of over 100 years of senior living experience and serves all varieties of resident needs.

Located in Lindsborg, Kansas, the home is a social ministry of the Central States Synod of the Evangelical Lutheran Church of America. The campus includes a 100-bed skilled nursing facility, 20 assisted living apartments and 49 independent living units. **Bethany Home** Association has a mission of creating a positive Christian environment and delivering Christ-centered care to all residents and guests. Bethany Home has a long and storied history with many changes and a dedication to serving the people of Lindsborg and the surrounding communities.

Whether you, or a loved one, are seeking independent housing options, assisted living services rehabilitation, short or long-term care, **Bethany Home** can help! We understand the difficulty in the decisions you and your family face and will help you plan the best individualized care for your loved one.

The health care center currently holds a four-star rating by the federal Center for Medicare & Medicaid Services and is endorsed by the U.S. Department of Veterans Affairs.

A photograph of the Bethany Home building, a large, multi-story brick structure with a covered entrance. In the foreground, there is a sign that reads "BETHANY HOME".

*Celebrating life's journey  
together in God's love.*

**321 N. Chestnut • Lindsborg, KS 67456**  
**Phone 785-227-2334 • Fax 785-227-3138**  
**[www.bethanyhome.com](http://www.bethanyhome.com)**

# Bethany Home

The Bethany Home Association of Lindsborg, Kansas is first and foremost a Christian Home with a Christ centered atmosphere. The basic philosophy of Bethany Home is to continue the Christian Ministry of caring as done by our Lord and Master, Jesus Christ.

## **MISSION STATEMENT**

Celebrating life's journey together in God's love.

## **VISION STATEMENT**

Bethany Home is a vibrant, inclusive community where individuals receive the support needed to thrive and reach the highest level of independence attainable in a compassionate Christian environment. Highly trained, caring professionals provide peace of mind through thoughtful, personalized service and care, embracing innovation, forward thinking stewardship, and market-leading practices.

## **APPLICATION POLICY**

An application for admission to Independent Living, Assisted Living and/or the long-term care center must be completed and returned to Bethany Home, accompanied by a **\$35.00 per person** non-refundable check. The applicant is encouraged to have a personal meeting and/or tour of the facilities. The Admissions Committee will review the application, with priority placement according to level of need or in order of the date on the application.

## **ADMISSIONS POLICY**

An admission fee will be charged at the time of admission to assisted living or long-term care to cover costs for individual record and room preparation. Bethany Home's admission fee varies depending on the resident's payment source.

Once accepted for admission to assisted living or long-term care, residents and/or their families may request a face to face meeting prior to the admission date. Payments for room, board and personal care begin on the date of admission and are payable one month in advance. The payment period runs on a calendar month.

Should the resident be discharged and return to the facility within 12 months, this fee will not be charged again. If the resident is discharged and returns to the facility after 12 months, an admission fee will apply.

Admission fees will not be charged due to a change in the resident's level of care. For example: A resident moving from assisted living to long-term healthcare will not be charged another admission fee.

# Contact Information

## **Bethany Home Association**

321 N. Chestnut  
Lindsborg, KS 67456

785-227-2334

Ext.

Kris Erickson  
*CEO*

111

Patricia Roraback  
*Office Manager*

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Stephaney Scott  
*Dietary Manager*

121

*Bethany Home Kitchen*  
*Dining Reservations*  
785-227-2846

Thomas Nichols  
*Activity Director*

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Delwin Koons  
*Maintenance*

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Andrea Johnson  
*Human Resources*

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Phil Hett  
*Interim Chaplain*

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Anne Anderson  
*Social Services, Admissions*

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Jennifer Cantrell  
*Marketing Director*

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Marilyn Spohn  
*Billing/Independent Living*

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Sara Anderson  
*Director of Nursing*

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Wendy Johnson  
*Skilled Services*

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## ***Bethany Home Assisted Living***

785-227-8331

*Skylar Hanson, RN Operator*

# Long Term Care Skilled Nursing & Rehabilitation

**Short or long term care, skilled nursing outpatient therapy and rehabilitation** services are available on the main campus of Bethany Home. Our caring and professional staff provide all levels of care in a positive Christian atmosphere.

Residents enjoy single occupancy rooms, open restaurant-style dining, respect for individual preferences, and a full calendar of events and activities.

Bethany Home accepts private insurance, long term care insurance, Medicare and Medicaid and is a VA Certified facility.



**Long or short term care, rehabilitation and skilled nursing services include the following:**

- ◆ Personalized Care Plan
- ◆ Professional caring staff
- ◆ Three nutritious meals daily served restaurant style with flexible menu options and between meal snacks
- ◆ Laundry
- ◆ Housekeeping
- ◆ Licensed Nurses on staff 24 /7
- ◆ Restorative Therapy program
- ◆ On-site Physical and Occupational Therapy\*
- ◆ Ongoing medication management & health monitoring
- ◆ Medical, Dental, Podiatry, & Audiology services\* available through on-site clinic
- ◆ Personal Care Assistance
- ◆ Transportation services\*
- ◆ Daily programs, events & outings\*
- ◆ Full time Chaplain on staff
- ◆ Chapel and worship services

\*Additional fees may apply for some services

**Contact Anne Anderson, LSCSW for Admissions**

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# Bethany Home Admission

## Family Check-off & Information Sheet

### SECTION ONE - MUST BE COMPLETED PRIOR TO ADMISSION

1. You will need a CARE assessment **PRIOR TO ADMISSION**. This is typically completed by the Area Agency on Aging and is different than the Bethany Home assessment.
  - a. McPherson County – 800-362-0264
  - b. Other Counties – 800-432-2703
2. Bethany Home will need copies of your Durable Power of Attorney (DPOA) papers
  - a. Health
  - b. Financial
3. Bethany Home will need copies of a Living Will / Advanced Directives
4. We will need to copy the front and back of your cards –
  - a. Social Security
  - b. Medicare
  - c. Insurance card(s)
  - d. Medicaid (if applicable) and the Medicaid number
5. Any previously scheduled future doctor appointments need to be reported so that we can put them on our calendar. Please speak with the nurse about transportation arrangements.
6. If you are transferring doctors please make sure all of the paperwork is done.
7. We would love for your family or friends to stay for lunch or supper! Bethany Home would like to pay for this first meal as our welcome to you. Please let Anne Anderson know how many people will be eating and if you'll be here for lunch or supper.

### SECTION TWO - TO BE COMPLETED AT ADMISSION

1. Please bring your checkbook, as there will most likely be an invoice and/or payment due
2. On the day of move in, please meet with Anne Anderson or a business office representative to go over and sign the Resident Agreement.
3. Bring ALL of your medications with you. **(Prescription and over the counter)**

### SECTION THREE - OTHER USEFUL INFORMATION

1. What furniture would you like to bring? You are welcome to use Bethany Home's furniture. (Each room is furnished with a bed, dresser, nightstand, other items as available).
2. We recommend about 10-14 days' worth of clothes. PLEASE NOTE: Our laundry department will label all items and put them away in the room. (ie: socks, undergarments, shoes, tops, pants/skirts etc.)
  - a. Please pre-mark the outfit you will be wearing the day you move into Bethany Home
  - b. You may leave clothes in the closet or dresser and laundry will make arrangements to get them marked.
  - c. Laundry will also mark any special bedding.
3. Bethany will provide towels and bedding.

4. Bethany Home has Wi-Fi for guests – log onto, “Bethany Home Guest”
5. If you are receiving supplement security income (SSI) payments you will need to notify the social security administration (SSA) [877-405-3494] and tell them that you are entering a long-term care facility. The supplement security income (SSI) benefits must stop once long-term care is received.
6. If you have a long-term care (LTC) policy you will want to call your agent to help you file a claim.
7. If you are admitted to Bethany Home for a SKILLED/Medicare A stay you will need to remain in the building.
8. If you are admitted as a regular admission, your family/friends are welcome to take you out of the facility but they will need to sign you in/out. There is a notebook at the nurses’ station for them to sign you in/out.
9. Think about where you want your mail to go. You can forward it to Bethany Home or someone else if you wish.
10. If you want a phone in your room you or your family/friend will need to set that up for you. You will need to bring your own phone. You may use any carrier you wish; however, here are some local options:
  - To set up services with ATT call: 800-464-7928
  - To set up services with Cox call: 866-247-9180
  - To set up services with NexTech call: 785-227-2200 (Downtown Lindsborg)
11. All rooms are cable ready. (If we have a television available you are welcome to use it. If not, you will need to provide your own.)
12. Bethany Home encourages you to NOT keep a lot of cash in your room (\$10 or less). We offer a **Resident Trust Fund** at no cost and would be happy to make arrangements to put any monies in the fund for you to use. This will be covered in the Resident Agreement meeting.
13. Do you need renters insurance? Call your agent if you feel that the items you are bringing need to be covered by insurance. Some insurance companies do not cover nursing homes because resident rooms cannot be locked. You may want to explore insurance with Sims Insurance Services, Inc. as they do not have a door lock stipulation.  
Their phone number is: 316-722-9977
14. All electrical appliances will receive a complimentary safety inspection by the maintenance department prior to use. The fire marshal does not allow the use of extension cords. Please contact nursing for assistance with any electrical needs and they will help coordinate through maintenance.
15. Kansas governing agencies do not allow the use of any power strips.
16. You are welcome to hang pictures, art, etc. and if you would like help, please ask. We don’t want anyone getting hurt so we will help move furniture around as needed.
17. Bethany Home follows the Kansas State regulations with a ‘**no tipping**’ policy. This means that staff are not allowed to individually accept gifts either in money or product. Tipping can jeopardize a license and career. A sincere, ‘Thank you’ is always appreciated!
18. If moving from a Bethany Home cottage, please alert Marilyn Spohn. (785-227-2334 x 146)
19. Please contact us with any other questions you may have.

## Bethany Home Activities For Residents

The Bethany Home is an active place with a variety of activities and functions provided for the enjoyment of our residents.

### **Daily**

- ◆ Morning Devotions at breakfast – hymns, scripture and prayer
- ◆ Games Available – Scrabble, Dominoes, Checkers, Jigsaw Puzzles, Pool, Cards, etc.
- ◆ Coffee (a variety of beverages) and snacks are available at all times
- ◆ The Library is open each day with daily papers and current periodicals along with a large variety of books. We also have a computer with Internet access.
- ◆ Televisions are provided in lounges/public spaces and resident rooms are cable ready.
- ◆ Group newspaper reading for the visually impaired or those with this preference
- ◆ Pool table available for resident and family fun

### **Weekly**

- ◆ Bible Studies – Tuesdays at 10:15 am in the Blue Room lead by in-house Chaplain Bill Buschbom
- ◆ Game Time & Wii Bowling – Tuesdays and Fridays at 1:30 pm in the Activity Center
- ◆ Book Bunch – Thursdays at 10:30 am (on school days), Local 2<sup>nd</sup> graders visit and read with residents
- ◆ Happy Cart – Friday mornings, volunteers visit rooms with an opportunity to purchase snacks, cards or miscellaneous personal items.
- ◆ Exercise Class – Mondays, Wednesdays, and Fridays at 9:45 am in the Activity Center
- ◆ Thera band – Mondays and Thursdays at 1:00 pm in the Activity Center (Doctor recommendation required)
- ◆ Tai Chi – Tuesdays and Wednesdays at 1:00 pm in the Activity Center
- ◆ Baking for Chapel - Tuesdays (TBA) in the Residents' Kitchen
- ◆ Choir Chimes –Wednesday afternoons
- ◆ Worship/Chapel Services with Fellowship – Wednesdays at 2:15 pm in the Chapel  
Sundays at 9:30 am in the Chapel
- ◆ Beauty Shop - on site and available by appointment
- ◆ Art in the Sunroom – Adult coloring Saturday afternoons
- ◆ Yarn Fun in the Sunroom – Crocheting and knitting together, Saturday afternoons

### **Bi-Monthly**

- ◆ Bingo - Sponsored by Auxiliary in Activities Center
- ◆ Nail Manicures
- ◆ Crafts
- ◆ Shopping Trips to Salina, McPherson and Lindsborg
- ◆ Barber – on site; Every other Wednesday
- ◆ Mending Days – Sponsored by Auxiliary
- ◆ An area group of “Fiddlers” here every other Friday
- ◆ Crystal Creek Band – the third & fourth Tuesdays of the month in the Activity Room

## **Monthly**

- ◆ Birthday Parties – Honoring individuals celebrating birthdays in the current month - Sponsored by Bethany Home Auxiliary & local Churches
- ◆ “Dine-outs” to area restaurants and the Lindsborg Senior Center
- ◆ Sunday guitar players in the dining room
- ◆ Sing along in the Chapel
- ◆ Dementia Support Group – coordinated with social services

## **Periodic and Seasonal Activities**

- ◆ Concerts, programs and recitals (College, high school, community, etc.)
- ◆ Swedish Dancers and other special programs
- ◆ Volunteers come in to sing, dance and visit with residents
- ◆ Surrey Rides
- ◆ Holiday Parties
- ◆ Anniversary, and Birthday observances
- ◆ Trips to local zoos, museums, Ball games, etc.
- ◆ Trips to flea markets and area attractions
- ◆ Gardening – Container, outdoor or indoor (flowers, vegetables, etc.)
- ◆ Movies – In Activities Center (often with fresh popped popcorn)
- ◆ Swim parties and picnics (seasonal)
- ◆ Watermelon, sundaes, and floats

## **Library**

The Library near our Activities Center is always open. The library belongs to the residents and is for their enjoyment! There is no time limit on how long you may keep books. When finished with the book, the “Return Box” is located on a table on the north wall of the library. Books are also available through the Lindsborg Library (see activities staff for assistance). The following items are available in the Bethany Home library:

- ◆ Large print books
- ◆ Biography, Devotional, Fiction and Non-fiction books
- ◆ Swedish Language Books
- ◆ “Talking Books” is a free service from the Library of Congress. Please talk with social services if you would like to participate.

For use in our Library:

- ◆ Computer access for internet and email
- ◆ Reference books
- ◆ Large print dictionary
- ◆ Current magazines and newspapers arrive daily for use in the library

## **Activities Center**

Activities are held in our Activities Center, Monday through Friday and often on weekends. Residents are welcome and encouraged to enjoy the many various activities. When there is not a scheduled event, the Activity Center may be reserved for birthdays, anniversaries and other events. Residents may reserve the Activity Center through the Activities Staff.